# PAUSE | BREATHE | REBOOT







#### THE CHURCH OF ENGLAND BIRMINGHAM

A time to focus on the children's and youth work that your church does.

# PAUSE

"Pause a moment, Job, and listen; consider the wonderful

#### things God does."

Job 37 v14

Find a space where you can be relaxed, for a moment breathe deeply, inviting yourself to stop, pause, giving yourself space to begin to reflect.

You will be spending this time looking back and then looking forward across your youth and children's work over the last 12 months.

When you are ready, consider these questions.

- What has your children's and youth work looked like over the last 12 months?
- What are the wonderful things God has shown you along the way?



# BREATHE



"Those with open hearts are given insight into your plans. I open my mouth and inhale the Word of God because I crave the revelation of your commands." Psalm 119 v 130-131

Inhale - What do you need to take in? over the past 12 months...

- What has God saying to you?
- What are others saying to you? (Young people, church, team)

## Exhale - What do you need to express

• What are your thoughts, feelings & observations, around your children's and youth work over the past 12 months?



What are the Strengths, Weaknesses, Opportunities and Threats to your children's, families and youth work?

You could do this with other members of your team and your participants or on your own as a reflective tool. The questions below are a guide to help you explore each section. This is followed by several blank Swot pages. You may find it useful to do a different SWOT analysis for different areas of your work.



What are we doing well?
What can we celebrate?
What are we doing that is
producing the outcomes we desire?
What should we continue doing
because we do it really well?



1. What is not working well?
2. What can be improved?
3. What needs to be removed altogether?



 What can we take better advantage of?
What we can leverage given the natural strengths of our church and community that we benefit from?
What things outside our organization will help us achieve the results we are looking for?



 What must we pay attention to?
What will jeopardise our efforts?
What things happening in the world outside our church need more attention and examination?











































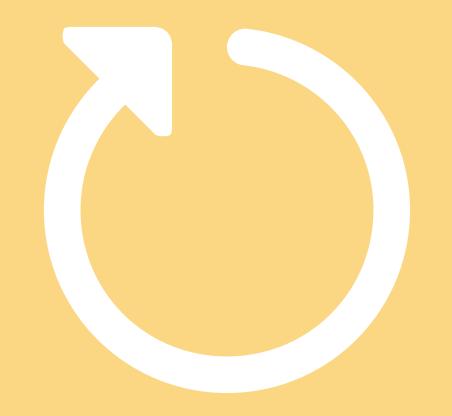












#### TO REBOOT: TO MAKE A CHANGE IN (SOMETHING) IN ORDER TO ESTABLISH A NEW BEGINNING

Sometimes we need to reboot, to check ourselves against our vision, mission and aims. Spend some time revisiting why you do what do you and is it what you want to continue to do as you move forward. Here are some questions to help frame your thinking.

If you don't yet have a vision or mission statement, this would be a great time to create

one, involving your team and those who are part of your groups and activities.

#### HOW HAS THE LEARNING OF LAST YEAR AND THE LISTENING AND SWOT ANALYSIS YOU HAVE DONE BEGUN TO SHAPE THE VISION/MISSION/PURPOSE OF YOUR CHILDREN'S AND YOUTH WORK?



# REBOOT



What does a Reboot of your children's and youth work mean practically in your context?

What will your picture of discipleship now look like in your context?



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